

INTEGRATED PSYCHIATRIC ASSESSMENTS (IPA)

Contribute to the recovery and mental health of your employees



Mental health issues in the workplace are the most expensive cause of disability for Canadian insurers and employers. Due to a shortage of psychiatrists, 4 out of 5 patients receive a diagnosis from their family doctor, which can lead to a non-specific diagnosis and inappropriate treatment.

Early intervention for people on disability









Key benefits of IPA for employers



Access to a specialist

Appointments within days despite the shortage of psychiatrists



Accurate diagnosis

Psychiatrists specialized in occupational health who can help with optimal recovery



Treatment plan

Detailed report including effective treatment recommendations



IPA+

Complementary program

Integrated treatment combining psychiatry and intensive psychosocial intervention





Offered when the psychiatrist and attending physician suggest a **mental health** rehabilitation program (psychology, occupational therapy, psychoeducation, social work).



An **8- to 15-week program** (depending on the service chosen) focused on the person's affective, social, cognitive and physical reconditioning is implemented.





Psychiatric treatment and the IPA+ program can be conducted **jointly** and **at the best time** for the employee.

Early intervention is a win-win situation!

Guaranteeing that employees experiencing a mental health issue are cared for quickly helps them recover their health and well-being. Early intervention and implementation of the right treatment are essential to recovery. The longer the disability, the harder it will be to return to work.

86%
Rate of return to work before reaching long-term disability stage

Avoid chronicity through prompt access to professional care, and reduce the impacts of absenteeism.